

Ebola

What does the CDC want you to believe about Ebola today?



Ebola is Airborne only on Mondays, Wednesdays & Fridays

Ebola goes airborne only three days a week. Unfortunately these days are the same days your sick, sneezing coworkers show up and cough all over everything in your work cubicle. While you might get infected with Ebola by touching contaminated surfaces, you cannot catch Ebola from touching yourself unless someone sneezed down your pants.



Do Not Lick Doorknobs

While CDC previously stated that Ebola particles can contaminate objects such as doorknobs, we were incorrect. Through extensive in-house testing conducted yesterday using interns, CDC has found you can only catch Ebola from *licking* doorknobs. If you do not routinely lick doorknobs, your risk of acquiring Ebola is zero.

Follow the CDC's FU and FU2 protocols

How do I protect myself from getting sick? The CDC recommends its FU and FU2 protocols. The "FU" protocol stands for "Force Ultra" and describes a high-intensity hand washing technique as follows:





- 1. Rinse your hands with scalding hot water and antibacterial soap containing the toxic chemical Triclosan that kills everything, including human babies.
- 2. Scrub your fingers and hands vigorously until you begin to bleed or your hands go numb.
- 3. Rinse with scalding hot water.

The "FU2" protocol is an advanced sterilization technique. It simply means you follow the FU protocol a second time.

CDC is currently following "FU" and "FU2" protocols for all its public education programs.

Also remember not to get pee, poop, spit, sweat, vomit, semen or breast milk in your mouth, nose or eyes. This is very important because if you are as insane as we are at the CDC, these might be common behaviors you experience at your workplace.

CDC also strongly recommends you do not visit **BioDefense.com** to learn how to protect yourself from Ebola. There is no need, as we have it all under control.



Centers for Disease Control and Prevention